

# Wellness Therapies

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## **Wellness Therapies**

*Designed to help restore and soothe the mind, body and soul, our Wellness Therapies use specific Light Touch Massage, making them suitable for cancer patients, those on intensive medication or anyone in need of a completely soothing and de-stressing experience. Carefully selected products target skin related side effects caused by chemotherapy, radiation treatments and other strong medication.*

*Massage is known to have an extremely positive effect on the mind and body during periods of stress. Allow us to provide a much-needed healing touch to restore an emotional equilibrium.*

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## **Rose and Honey Harmony Facial £65**

*Soothing stressed and sensitive skin*

This facial is designed to help alleviate symptoms of dry, flaky and sensitive skin. Soothing pure Rose Hip Oil, known for its healing properties, is combined with our de-stressing Royal Jelly elixir to revitalise dull tone whilst helping the skin regain its natural immunity against daily aggression.

Your facial is complete with our 5 rose petal mask which soothes skin prone to sensitivity brought on by emotional and physical stress. A luxurious gently touch and healing massage with Obsidian and Onyx stones will help to restore peace to the mind and soul.

## **Calming Hand, Foot and Scalp Therapy £75**

*Intense nourishment and hydration*

Chemical treatments can cause extreme dryness on hands and feet whilst stimulating hair loss. This therapy is designed to counteract these problems. Your therapy begins with a gentle exfoliation on the hands, feet and nail beds, without the use of water baths to help maintain a healthy PH level. A deeply hydrating mask is then applied to relieve extreme dryness and dehydration. Finally, completely relax and unwind with our revi-

**WELLNESS RECOVERY THERAPIES**  
RESTORING MIND BODY AND SOUL



GERMAINE<sup>TM</sup> CAPUCCINI



talising scalp massage – using Baobab hair oil to revitalise the hair and soothe the scalp.

**Phytocare Baobab Body Ritual £85**

*Full body exfoliation, massage and scalp massage with Baobab Oil*

This relaxing and indulgent ritual uses ethically sourced, organic Baobab oil packed with antioxidants, vitamins and omegas to nourish and protect the skin. Your ritual begins with a gentle full body exfoliation using Baobab seed shells to remove dead cells. A soothing lymphatic massage with Baobab oil will then provide the skin with anti-inflammatory, nourishing and hydrating benefits.

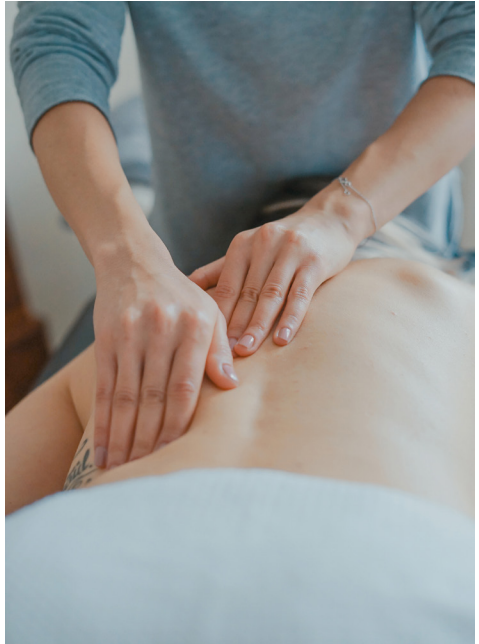
To complete your totally stress- reducing experience, our relaxing Baobab Scalp Therapy will help to revitalise the hair and soothe the scalp.

**Aloe and Mint Cooling Body Therapy £90**

*Light touch body and scalp massage*

This gentle therapy combines the power of semi-precious stones to restore harmony to the mind, with a gentle cooling massage to soothe the body. Your light Touch Massage uses products rich in Aloe Vera to deeply hydrate the skin, Lemon Oil to purify and

Mint to refresh the body. Additional Rose Hip Oil soothes, nourishes and reduces irritation. Your therapy is completed with a de-stressing scalp pressure massage to aid relaxation. Ideal after Radiation Therapy.



# Gift Vouchers Available

Monday - Saturday 9am - 6pm  
Evening and Sunday appointments available on request

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Special Conditions: on making your appointment please advise us if you are pregnant, trying for a baby or have any special medical considerations or allergies

Late Arrivals: If you arrive late for your appointment please be aware your treatment may still end when scheduled, in order that the next client is not delayed.

## th Beauty Therapy

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